

East Anglian	9th March 2024	5th February 2023	27th November 2022	26th September 2021	24th March 2019	25th March 2018	19th March 2017
Orienteering	EAOA	SUFFOC	WAOA	HAVOC	NOR	SOS	SMOC
Champions	Sandringham	Tangham	Bromehill & Santon Warren	Epping Forest South West	Sheringham	Writtle Forest	Rushmere
W10	Esther Eaton WAOA	Elysia Cowe WAOA	Elysia Cowe WAOA	Alys Powell WAOA	-	Abigail Prince SOS	Hebe Darwin WAOA
W12	Lulu Gooding SOS	Lulu Gooding SOS	-	Kate Jarrett WAOA	Hebe Darwin WAOA	-	Milly Ashkam SMOC
W14	Beth Stockham NOR	Kate Jarrett WAOA	Abigail Prince SOS	-	-	-	Tamar Hopkins SMOC
W16	Kate Jarrett WAOA	Hebe Darwin WAOA	-	-	-	-	Chloe Cracknell SUFFOC
W18	Hebe Darwin WAOA	-	Sophie Kerswell WAOA	-	-	Chloe Cracknell SUFFOC	Katerina Skarkova NOR
W20	Hannah Wicks WAOA	Alesha Lowe SUFFOC	-	-	-	Bronwen Mansel SUFFOC	Bronwen Mansel SUFFOC
W21/Open	Sarah Pedley DRONGO	Jenny Carlsson WAOA	Sarah Pedley CUOC	Bronwen Mansel SUFFOC	Bronwen Mansel SUFFOC	Daisy Partridge SOS	Ella Gilbert NOR
W35	-	Emma Cross NOR	Jenny Carlsson WAOA	-	-	Lizzie Rosewell SUFFOC	Helen Bickle WAOA
W40	Helen Bickle WAOA	Helen Bickle WAOA	Helen Bickle WAOA	-	-	-	Freya Askham SMOC
W45	Emma Jarrett WAOA	Emma Jarrett WAOA	Freya Askham SMOC	Emma Jarrett WAOA	Catherine Bartram NOR	Camilla Darwin WAOA	Karen Vines SMOC
W50	Nita Jackman NOR	Camilla Darwin WAOA	Camilla Darwin WAOA	Helen Hague WAOA	Camilla Darwin WAOA	Sally Wilkinson SUFFOC	Rachel Pocock WAOA
W55	Camilla Darwin WAOA	Sally Wilkinson SUFFOC	Louise Walker SUFFOC	Sandra Mather SMOC	Joanne Nell RAFO	Helen Nisbet SMOC	Helen Nisbet SMOC
W60	Sally Wilkinson SUFFOC	Helen Lloyd NOR	Helen Nisbet SMOC	Debbie Charlton SMOC	Kim Eden NOR	Janet Cronk WAOA	Janet Cronk WAOA
W65	Sue Hartley WAOA	Sue Hartley WAOA	Sue Hartley WAOA	Sue Hartley WAOA	Noreen Ives WAOA	Noreen Ives WAOA	Rosie Shaw SMOC
W70	Lyn West SOS	Noreen Ives WAOA	Hazel Bickle WAOA	Hazel Bickle WAOA	Jenny Collyer SOS	Jenny Collyer SOS	Jenny Collyer SOS
W75	-	Geraldine Russell SOS	Geraldine Russell SOS	Geraldine Russell SOS	Gillian Pilgrim NOR	-	Sue Vine NOR
W80	Geraldine Russell SOS	-	-	-	Seonaid Dudley WAOA	Barbara George NOR	Barbara George NOR
W85	-	Barbara George NOR	Barbara George NOR	-	Barbara George NOR	-	
W90	Barbara George NOR						
M10	-	-	Hugo Maule-Lidbury HAVOC	Hugo Maule-Lidbury HAVOC	Alexander Darwin WAOA	Alexander Darwin WAOA	Richard Askham SMOC
M12	Hugo Maule-Lidbury HAVOC	Ethan Radcliffe SUFFOC	Alex Darwin WAOA	Charlie Maule-Lidbury HAVOC	-	Theo Steventon-Barnes SUFFOC	Theo Steventon-Barnes SUFFOC
M14	Ethan Radcliffe SUFFOC	Alex Darwin WAOA	Chun Yan Alistair Fu WAOA	Chun Yan Alistair Fu WAOA	Oliver Prince SOS	Barney Steventon-Barnes SUFFOC	James Price NOR
M16	Chun Yan Alistair Fu WAOA	Joshua Owen SOS	-	-	William Bartram NOR	Sam Hague WAOA	Sam Hague WAOA
M18	Oliver Prince SOS	Theo Steventon-Barnes SUFFOC	-	-	Thomas Bartram NOR	Matthew Clarke SUFFOC	Tim Harrison SUFFOC
M20	-	-	Adam Harris CUOC	-	-	-	Roderick Mansel SUFFOC
M21/Open	Paul Pruzina DRONGO	Laurence Ball NOR	Dominic Dakin CUOC	Tom Beskeen WAOA	Glen Richardson NOR	Andrew Stemp WAOA	Jonathan Cronk WAOA
M35	Jonathon Pye WAOA	Chris Sellens SOS	Chris Sellens SOS	-	Oliver Tomlinson SMOC	-	Gjermund Vingerhagen WAOA
M40	David Sparshott NOR	Gareth Radcliffe SUFFOC	Glen Richardson NOR	-	Ben Bethall NOR	Glen Richardson NOR	Sean Blanchflower WAOA
M45	Glen Richardson NOR	Glen Richardson NOR	Roger Gooding SOS	Brian Cowe WAOA	Howard Alcock NOR	Stephen Borrill WAOA	Andrew Elliott SUFFOC
M50	Stephen Borrill WAOA	Ian Renfrew NOR	Guy Lidbury HAVOC	John Ward NOR	Ian Renfrew NOR	Dil Wetherill WAOA	Robert Campbell WAOA
M55	Ian Renfrew NOR	Dil Wetherill WAOA	Dil Wetherill WAOA	Dil Wetherill WAOA	Michael Muggeridge HAVOC	Michael Muggeridge HAVOC	Michael Muggeridge HAVOC
M60	Michael Muggeridge HAVOC	Michael Muggeridge HAVOC	Rini Hoogkamer NOR	Michael Muggeridge HAVOC	Richard Pownall SMOC	Peter Carlill NOR	Mike Capper WAOA
M65	Jonathon Gilbert NOR	Mike Capper WAOA	Roger Parker NOR	Colin West SOS	Michael Nell RAFO	Mick Liston NOR	Mick Liston NOR
M70	Eddie Banks SOS	Mick Liston NOR	Mick Liston NOR	Michael Bickle WAOA	Mick Liston NOR	Michael Bickle WAOA	Garry Parmenter HAVOC
M75	Garry Parmenter HAVOC	Michael Bickle WAOA	John Collyer SOS	John Collyer SOS	Chris Morley WAOA	Chris Morley WAOA	Chris Morley WAOA
M80	-	John Russell SOS	John Russell SOS	Chris Morley WAOA	-	-	Peter Leverington NOR
Joan George Junior Trophy		Oliver Prince SOS	Abigail Prince SOS	Kate Jarrett WAOA	William Bartram NOR	Matthew Clarke SUFFOC	Chloe Cracknell SUFFOC

East Anglian	14th February 2016	1st February 2015	2nd March 2014	17th March 2013	15th January 2012	30th January 2011	14th March 2010	15th February 2009
Orienteering	SUFFOC	WAOC	HAVOC	SOS	NOR	WAOC	SOS	SMOC
Champions	Tunstall	Croxton Heath	Thorndon Park North	Writtle Forest	Lynford	Croxton Heath	Donylands	Silverstone North
W10	Hebe Darwin WAOC	-	Catherine Dudley DRONGO	Elizabeth Dudley DRONGO	Elizabeth Dudley DRONGO	Georgia Gower SOS	-	-
W12	Jemima Borrill WAOC	Lucy Warland SOS	Katja Ruda NOR	Rebecca Nisbet SMOC	Daisy Partridge SOS	Catherine Hemingway WAOC	Bronwen Mansel SUFFOC	Bronwen Mansel SUFFOC
W14	Katja Ruda NOR	Rebecca Nisbet SMOC	Daisy Partridge SOS	Daisy Partridge SOS	Ella Gilbert NOR	-	Rhiannon Ware SOS	-
W16	Chloe Cracknell SOS	Daisy Partridge SOS	Ella Gilbert NOR	Ella Gilbert NOR	Rhiannon Ware SOS	Rhiannon Ware SOS	-	-
W18	Ella Gilbert NOR	Ella Gilbert NOR	-	-	Beth Albon SOS	Kate Harvey NOR	Sophie Louth WAOC	Jacqueline Heybrock WAOC
W20	-	-	Fiona Petersen CUOC	-	-	Harriet Burdett CUOC	-	-
W21/Open	Daisy Partridge SOS	Nina Tant SOS	Katrin Harding CUOC	Nina Tant SOS	Hazel Tant SOS	Blanka Collis DRONGO	Lenka Anstead SUFFOC	-
W35	Lizzie Rosewell SUFFOC	Leanne Bailey NOR	Leanne Bailey NOR	-	Sacha Fisher SMOC	Sacha Fisher SMOC	Anna Falk WAOC	Claire Harrison SOS
W40	Guro Harstad WAOC	Guro Harstad WAOC	Guro Harstad WAOC	-	Tracey Apperley SOS	Rachel Pocock WAOC	Rachel Pocock WAOC	Tracey Apperley SOS
W45	Camilla Darwin WAOC	Rachel Pocock WAOC	Rachel Pocock WAOC	Rachel Pocock WAOC	Rachel Pocock WAOC	Alison Fox WAOC	Frances Cooper WAOC	Caroline Louth WAOC
W50	Karen Goldsworthy NOR	Louise Walker SUFFOC	Sally Wilkinson SUFFOC	Helen Lloyd NOR	Helen Lloyd NOR	Helen Lloyd NOR	Janet Cronk WAOC	Barbara Fothergill HAVOC
W55	Janet Cronk WAOC	Kim Eden NOR	Hilary Sellens SOS	Lyn West SOS	Hilary Sellens SOS	Hilary Sellens SOS	Maria Marshall WAOC	Janet Biggs HAVOC
W60	Rachel Thomas SMOC	Rachel Thomas SMOC	Janet Hill SOS	Noreen Ives WAOC	Janet Howsam WAOC	Hazel Bickle WAOC	Rosie Shaw SMOC	Jenny Collyer SOS
W65	Chris Gay SUFFOC	Chris Gay SUFFOC	-	Jenny Collyer SOS	Jenny Collyer SOS	Jenny Collyer SOS	Geraldine Russell SOS	Geraldine Russell SOS
W70	Geraldine Russell SOS	Jenny Collyer SOS	-	Seonaid Dudley WAOC	Seonaid Dudley WAOC	Seonaid Dudley WAOC	Seonaid Dudley WAOC	-
W75	Seonaid Dudley WAOC	Seonaid Dudley WAOC	Seonaid Dudley WAOC	Barbara George NOR	Barbara George NOR	Barbara George NOR	Barbara George NOR	Barbara George NOR
W80	Barbara George NOR	Ursula Oxburgh WAOC	Barbara George NOR					
W85								
W90								
M10	Oliver Prince SOS	Ben Partridge SOS	Barney Steventon-Barnes SUFFOC	Alex Wetherill WAOC	Joshua Buist SOS	Matthew Clarke SUFFOC	Duncan Cooper WAOC	James Nisbet SMOC
M12	Thomas Martin SOS	Alex Wetherill WAOC	Sam Hague WAOC	Stephen Denby NOR	Matthew Clarke SUFFOC	Lewis Cooper WAOC	William Louth WAOC	Thomas Birkett SOS
M14	Sam Hague WAOC	Matthew Clarke SUFFOC	Matthew Clarke SUFFOC	Tim Harrison SUFFOC	Sam Nicholls NOR	Bryn Wilkinson SUFFOC	Thomas Birkett SOS	Jonathan Heybrock WAOC
M16	Matthew Clarke SUFFOC	Tim Harrison SUFFOC	Tim Harrison SUFFOC	Bryn Wilkinson SUFFOC	Bryn Wilkinson SUFFOC	Tom Hemingway WAOC	Will Hooton SUFFOC	-
M18	Tim Harrison SUFFOC	Sam Nicolls NOR	Bryn Wilkinson SUFFOC	-	Thomas Louth WAOC	Thomas Louth WAOC	Jonny Cronk WAOC	-
M20	-	-	Sam Garforth NOR	Sam Garforth NOR	James Haynes WAOC	Jonathan Cronk WAOC	James Park SOS	-
M21/Open	Paul Pruzina CUOC	David Hodgkinson SUFFOC	Matthew Vokes CUOC	-	Laurence Ball NOR	Laurence Ball NOR	Neil Carter SUFFOC	Dil Wetherill WAOC
M35	Glen Richardson NOR	Neil Rosewell SUFFOC	Glen Richardson NOR	Glen Richardson NOR	Neil Carter SUFFOC	David Schroeder WAOC	Andrew Elliott SUFFOC	Duncan Harrison SOS
M40	-	Duncan Harrison SOS	Duncan Harrison SOS	Sean Blanchflower WAOC	Ian Renfrew NOR	Ian Renfrew NOR	Ronny Falk WAOC	-
M45	Duncan Harrison SOS	John Ward NOR	Angus Dudley DRONGO	Angus Dudley DRONGO	Steve Hinshelwood WAOC	Michael Belshaw BAOC/NOR	Michael Belshaw NOR	Paul Beckett HAVOC
M50	Andrew Henderson WAOC	Dil Wetherill WAOC	Michael Muggeridge HAVOC	Paul Beckett HAVOC	Paul Beckett HAVOC	Paul Beckett HAVOC	Mike Capper WAOC	Mike Capper WAOC
M55	Paul Beckett HAVOC	Jonathan Gilbert NOR	Richard Bonnett SOS	Richard Bonnett SOS	Kevin Smith NOR	Richard Bonnett SOS	Richard Bonnett SOS	Mike Jones SMOC
M60	Alun Roberts WAOC	Clive Tant SOS	Andrew Welsh HAVOC	Martin Hore SUFFOC	Martin Hore SUFFOC	Michael Bickle WAOC	Michael Bickle WAOC	Garry Parmenter HAVOC
M65	Nicholas Pugh SOS	Martin Hore SUFFOC	Michael Bickle WAOC	Garry Parmenter HAVOC	John Collyer SOS	John Ward NOR	John Ward NOR	Chris Morley WAOC
M70	Garry Parmenter HAVOC	John Collyer SOS	Chris Morley WAOC	John Ward NOR	John Ward NOR	Chris Morley WAOC	Chris Morley WAOC	-
M75	Chris Morley WAOC	John Harvey NOR	John Webb SUFFOC	John Webb SUFFOC	Peter Leverington NOR	Peter Leverington NOR	Jack Isbester SOS	Norman Howarth NOR
M80	Peter Leverington NOR	Mike Dudley WAOC	Jack Isbester SOS					
Joan George Junior Trophy	Daisy Partridge SOS	Tim Harrison SUFFOC	Bryn Wilkinson SUFFOC	Ella Gilbert NOR	Thomas Louth WAOC	Tom Hemingway WAOC	Jonathon Cronk WAOC	Thomas Birkett SOS

East Anglian	17th February 2008	4th February 2007	12th March 2006	18th September 2005	28th March 2004	23rd February 2003	17th March 2002	2nd December 2001
Orienteering	SUFFOC	WAOB	NOR	SOS	NOR	SMOC	NOR	RAFO
Champions	King's Forest	Croxton Heath	Sandringham	Hatfield Forest	Hockham	Silverstone Woods	Sheringham & Weybourne	Lynford
W10	Alexandra Fox WAOB	Elizabeth Barker WAOB	-	Rhiannon Ware SOS	Jacqui Doyle NOR	Alice Campbell WAOB	Sophie Louth WAOB	Alice Campbell WAOB
W12	-	Helen Judd WAOB	-	-	Sophie Louth WAOB	Sophie Louth WAOB	Sarah Lyne SOS	-
W14	-	-	Sophie Louth WAOB	Sophie Louth WAOB	Leanne Barnes NOR	-	Clare Woods WAOB	Emma Johnson SOS
W16	Hannah Newton SOS	Jacqueline Heybrooke WAOB	Jacqueline Heybrooke WAOB	Sarah Park SOS	Joanne West SOS	Clare Woods WAOB	Katie Sellens SOS	Hazel Tant SOS
W18	Ellen Sanderson SOS	Sarah Park SOS	Clare Woods WAOB	Emma Johnson SOS	Katie Sellens SOS			
W20	Jaqueline Heybrock WAOB	-	Emma Johnson SOS	Jo West SOS	Hazel Tant SOS			
W21/Open	Anna Falk WAOB	Elsbeth Ingleby CUOB	Katie Sellens SOS	Sarah Wright NOR	Sarah Wright NOR			
W35	-	-	Julia Crook WAOB	Julia Crook WAOB	Julia Wotton WAOB	Julia Wotton WAOB	Julia Wotton WAOB	J Collyer SOS
W40	Alison Fox WAOB	Julia Crook WAOB	Erica Pilkington WAOB	Louise Walker SUFFOC	Caroline Louth WAOB	Helen Lloyd NOR	Helen Lloyd NOR	
W45	Helen Lloyd NOR	Wendy Joners WAOB	Kim Eden NOR	Sue Woods WAOB	Hilary Sellens SOS			
W50	Hilary Sellens SOS	Hilary Sellens SOS	Hilary Sellens SOS	Janis Ryall WAOB	Lindsey Freeman WAOB			
W55	Lindsey Freeman WAOB	Lindsey Freeman WAOB	Marion Fitt NOR	Estella Ward NOR	Jenny Collyer SOS	Jenny Collyer SOS	F Coventry NOR	-
W60	Jenny Collyer SOS	Geraldine Russell SOS	Jenny Collyer SOS	Jenny Collyer SOS	Gillian Pilgrim NOR			
W65	Gill Pilgrim NOR	Clarissa Napier NOR	Clarissa Napier NOR	Clarissa Napier NOR	Clarissa Napier NOR		Barbara George NOR	Barbara George NOR
W70	Barbara George NOR	Barbara George NOR	Ursula Oxbridge WAOB	Anne Duncumb WAOB	Barbara George NOR	Anne Duncumb WAOB	J Peel NOR	
W75	Anne Duncumb WAOB	Anne Duncome WAOB	Anne Duncome WAOB		Sheila Farnbank NOR			
W80								
W85								
W90								
M10	William Louth WAOB	William Louth WAOB	William Louth WAOB	William Louth WAOB	Thomas Louth WAOB	Thomas Louth WAOB	Adam Chalkley NOR	Matthew Bedder NOR
M12	Thomas Birkett SOS	Matthew Haynes WAOB	Thomas Louth WAOB	Thomas Louth WAOB	Adam Chalkley NOR	Adam Chalkley NOR	Sophie Louth WAOB	Jamie Taylor WAOB
M14	Thomas Louth WAOB	Thomas Louth WAOB	Jonathan Cronk WAOB	James Park SOS	Edward Louth WAOB	Jamie Taylor WAOB	James Lyne SOS	Martin Humphries WAOB
M16	Jonathan Cronk WAOB	James Park SOS	Edward Louth WAOB	Edward Louth WAOB	Simon Gardner WAOB	Mark Chalkley NOR	Martin Humphries WAOB	David West SOS
M18	James Park SOS	Edward Louth WAOB	Simon Gardner WAOB	Simon Gardner WAOB	Jonathan Pye SOS			
M20	Edward Louth WAOB	James Lyne SOS	James Lyne SOS	James Lyne SOS	Peter Gardner WAOB			
M21/Open	Chris Sellens SOS	Tim Lenton NOR	Rolf Crook WAOB	Rolf Crook WAOB	Rolf Crook WAOB			
M35	Robert Frost NOR	Robert Frost NOR	Robert Frost NOR	Rob Weed SUFFOC	Ian Renfrew WAOB	Robert Campbell WAOB	Robert Campbell WAOB	Robert Campbell WAOB
M40	Dil Weatherill WAOB	Dil Weatherill WAOB	Dil Weatherill WAOB	Dil Weatherill WAOB	Paul Beckett HAVOC	Ian Maynard HAVOC	Neil Humphries WAOB	Neil Humphries WAOB
M45	Paul Beckett HAVOC	Mike Belshaw NOR	Neil Humphries WAOB	Neil Humphries WAOB	Richard Bonnett SOS	Richard Bonnett SOS	Clive Tant SOS	Martin Sellens SOS
M50	Mike Capper WAOB	Kevin Smith NOR	Martin Sellens SOS	Richard Bonnett SOS	Martin Sellens SOS	R Beard WAOB	Mick Liston RAFO	Martin Hore SUFFOC
M55	Martin Sellens SOS	Martin Sellens SOS	Stephen Searle NOR	Mick Liston NOR	Malcolm Mann WAOB	Garry Parmenter HAVOC	John Collyer SOS	John Collyer SOS
M60	Mike Bickle WAOB	Garry Parmenter HAVOC	Garry Parmenter HAVOC	Pat Martin NOR	John Ward NOR	John Ward NOR	Chris Morley WAOB	Chris Morley WAOB
M65	Chris Morley WAOB	John Ward NOR	Chris Morley WAOB	Chris Morley WAOB	John Webb SUFFOC			
M70	John Harvey NOR	-	Peter Leverington NOR	Jack Isbester SOS	Colin Curtis WAOB	-	Mike George NOR	-
M75	Norman Howarth NOR	John Peel NOR	Norman Howarth NOR	Maurice Capper WAOB	John Peel NOR	-	John Peel NOR	Maurice Capper WAOB
M80								
Joan George Junior Trophy	Jacqueline Heybrock WAOB	Edward Louth WAOB	James Lyne SOS	James Lyne SOS	Hazel Tant SOS	Laurence Ball NOR	Katie Sellens SOS	Suzannah Robertson SOS

East Anglian Orienteering Champions	23rd January 2000	28th March 1999	29th March 1998	16th March 1997	24th March 1996	30th April 1995	27th March 1994	19th December 1993	8th November 1992
	CUOC	WASH	NOR	WAOC	NOR	WASH	WAOC	SOS	WAOC
	High Lodge Warren	Sandringham	Kelling & Bodham	Rishbeth Warren	Lynford	Cockley Cley	Thetford & Rishbeth	Roman Valley	Mildenhall Woods
W10	-	Emily Bedder NOR	Joanne West SOS	Joanne West SOS					
W12	-	Joanne West SOS	Helen Gardner WAOC	Helen Gardner WAOC					
W14	Helen Gardner WAOC	Helen Gardner WAOC	Nicola Robertson SOS	Eleanor West SOS					
W16	Suzannah Robertson SOS	Eleanor West SOS							
W18									
W20									
W21/Open									
W35	Karen Goldsworthy NOR	N Nicholls NOR	Helen Lloyd NOR	Helen Lloyd NOR	Helen Lloyd NOR	Helen Lloyd NOR	Kim Eden NOR	A Kell SOS	Kim Eden NOR
W40			Kim Eden NOR	Kim Eden NOR					
W45									
W50									
W55	Jenny Collyer SOS	Satu Peregrine WAOC	Gill Pilgrim NOR	Clarissa Napier NOR	Clarissa Napier NOR	Clarissa Napier NOR	Clarissa Napier NOR	Clarissa Napier NOR	Barbara George NOR
W60									
W65	Ursula Oxburgh WAOC	Ursula Oxburgh WAOC	Anne Duncumb WAOC	Anne Duncumb WAOC	Anne Duncumb WAOC	Sheila Farnbank NOR	Pauline Stephens SOS	Pauline Stephens SOS	Pauline Stephens SOS
W70		Sheila Farnbank NOR	Pauline Stevens SOS	Pauline Stevens SOS	Pauline Stevens SOS	Pauline Stevens SOS	S Sills	S Sills	S Sills
W75									
W80									
W85									
W90									
M10	Philip Humphries WAOC	Philip Humphries WAOC	Simon Gardner WAOC	Sebastian Pugh SOS					
M12	Simon Gardner WAOC	Simon Gardner WAOC	Laurence Ball NOR	David West SOS					
M14	Laurence Ball NOR	Peter Gardner WAOC	Chris Sellens SOS	Rory Matheson WAOC					
M16	Chris Sellens SOS	Mark Larwood NOR	Philip Braham-Jones						
M18									
M20									
M21/Open									
M35	Bert Park BAOC	Roger Williams SMOC	Mick Belshaw BAOC	Mick Belshaw BAOC	Andy Mallley SOS	Mike Capper WAOC			
M40	Neil Humphries WAOC	C Baker NOR		Richard Bonnett BAOC		Martin Sellens SOS	A Ebdon RAFO		R Beard WAOC
M45	Martin Sellens SOS	Martin Sellens SOS	Martin Sellens SOS	P Nicholls NOR/RAFO	Malcolm Mann WAOC	Malcolm Mann WAOC	John Collyer SOS	David Hayter HAVOC	David Hayter HAVOC
M50	Bill Morgan NOR		Malcolm Mann WAOC	Pat Martin NOR	John Collyer SOS	John Collyer SOS	Arthur Boyt HH	Pat Martin NOR	Chris Morley WAOC
M55	Pat Martin NOR	-	Chris Morley WAOC	Chris Morley WAOC	Chris Morley WAOC	Chris Morley WAOC	D Rose SMOC	R Barris HH	Jack Isbester SOS
M60	Chris Morley WAOC	C Thorne DRONGO	Jack Isbester SOS	C R Thorne DRONGO	Jack Isbester SOS	P Pratt HH	P Pratt HH	D Ladkin SOS	D Ladkin SOS
M65									
M70	-	John Peel NOR	John Peel NOR	John Peel NOR	Lionel Eagles NOR	Peter Softley	Lionel Eagles NOR	Peter Softley	Lionel Eagles NOR
M75	Maurice Capper WAOC								
M80									
Joan George Junior Trophy	Eleanor West SOS	Ian Wadeson WAOC	Kate Kelleher NOR						

East Anglian	12th May 1991	7th October 1990	19th November 1989	18th September 1988	4th August 1987	5th October 1986	12th May 1985
Orienteering	SOS/SUFFOC	HAVOC	WASH/WAOC	SUFFOC	HAVOC	SOS	CHIG
Champions	Brandon Park	Langdon Hills	Sandringham	Brandon Park	Epping Forest SW	Baddow Ridge	Epping Forest SE
W10							
W12							
W14							
W16							
W18							
W20							
W21/Open							
W35	Lindsey Freeman WAOC	Hilary Sellens SOS	-	Cath Shipley HAVOC	O Brown WAOC	F Coventry NOR	F Coventry NOR
W40							
W45							
W50							
W55	Barbara George NOR	Mary Ryder HAVOC	June Webb SUFFOC	J Peel NOR	J Merry SUFFOC	J Merry SUFFOC	J Merry SUFFOC
W60							
W65	Pauline Stephens SOS	Pauline Stephens SOS	S Sills SUFFOC	S Sills SUFFOC	S Sills SUFFOC	S Sills SUFFOC	S Sills SUFFOC
W70	S Sills						
W75							
W80							
W85							
W90							
M10							
M12							
M14							
M16							
M18							
M20							
M21/Open							
M35							
M40	G Wardle NOR	P Watson WAOC	B Pilgrim NOR	John Collyer SOS	B Pilgrim NOR	Mike Hampton HAVOC	John Collyer SOS
M45	David Hayter HAVOC	Stan Holroyd SMOC	M Leach WAOC	Pat Martin NOR/RAFO	Hally Hardie WAOC	Hally Hardie WAOC	Hally Hardie WAOC
M50	Chris Morley WAOC	David Peregrine WAOC	R Cole SMOC	Jack Isbester SOS	Jack Isbester SOS	Peter Leverington WAOC	Jack Isbester SOS
M55	Jack Isbester SOS	Jack Isbester SOS	Mike George NOR	D Ladkin SOS	D Allman NOR	Alan Milton SUFFOC	Alan Milton SUFFOC
M60	Norman Howarth WASH	John Peel NOR	John Peel NOR	G Knott NOR			Lionel Eagles NOR
M65							
M70	Peter Softley						
M75							
M80							
Joan George Junior Trophy							